

# [WEEKLY MENU]



Week 3

Weeks Commencing:

Monday 18th Sept - Monday 9th Oct - Monday 30th Oct - Monday 20th Nov - Monday 11th Dec



Main Dish of the Day

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken Nuggets with a Tomato Basil Sauce	Mild Chilli Con Carne	Roast Honey Glazed Sticky Chicken and Roast Gravy	Beef & Vegetable Pie	Battered Fish Fillet and Fresh Tomato Sauce
Vegetarian Dish of the Day	Vegetable & Lentil Lasagne with Garlic Bread	Quorn Chilli Con Carne	Vegetarian Sausage Toad in the Hole	Cheesy Vegetarian Ravioli with Crusty Bread	Spanish Tortilla
Vegetable Choice	Seasoned Wedges, Garden Peas & Sweetcorn	Turmeric Rice, Broccoli & carrots	Roast Potatoes, Green Beans & Curly Kale	Creamy Mash Potatoes, Cauliflower & Carrots	Chipped Potatoes, Baked Beans & Garden Peas
Dessert of the Day	Golden Orange Syrup Sponge & custard, Fresh Fruit Salad	Cherry Tray Bake served with Milkshake, Fresh Fruit Salad	Apple & Cinnamon Crumble with Custard, Fresh Fruit Salad	Apple & Winter Berry Pie & Vanilla Sauce, Fresh Fruit Salad	Banana & White Chocolate Muffin, Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar, Home Baked Bread Fresh Fruit	Help Yourself Salad Bar, Home Baked Bread Fresh Fruit	Help Yourself Salad Bar, Home Baked Bread Fresh Fruit	Help Yourself Salad Bar, Home Baked Bread Fresh Fruit	Help Yourself Salad Bar, Home Baked Bread, Fresh Fruit

